

FOR AND AGAINST

- a Read a post about adventure sports on a blog site called *For and Against*? Do you think there are more advantages or more disadvantages?
- b Read the blog post again and complete it with the linking expressions from the list (two of them are interchangeable).

although another advantage because of
for example (x2) furthermore in addition
on the other hand the main advantage
to sum up

- c Put the linking expressions from b in the **Useful language** chart below.

Useful language: linking expressions

To list advantages / disadvantages
the main advantage

To add more points to the same topic

To introduce an example
For instance,...

To make contrasting points
However,...
In spite of (the fact that)...

To give a reason
Because (+ clause)...
(+ noun)...

To introduce the conclusion
In conclusion,...

- d You are going to write a post for the site. Choose one of the titles below.

Going to work abroad: an exciting opportunity or a scary one?

Being a celebrity: a dream or a nightmare?

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Adventure sports – fun or too risky?



Every year, more and more people are tempted by the idea of going on an adventure sports holiday, especially during the summer months.

Spending your holiday being active and enjoying the outdoors has a lot of advantages. ¹*The main advantage* is that adventure sports, like many other physical activities, offer health benefits. ²_____, when you practise extreme sports your brain releases endorphins because of the adrenaline rush and that makes you feel happy. ³_____ is the self-confidence that you gain from doing these activities. ⁴_____, the lessons learnt from facing the difficulties and the risks of these extreme sports may be very valuable in everyday life.

⁵_____, there are also some important disadvantages. ⁶_____ they make you feel good, risky sports can be extremely dangerous. The possibility of getting seriously injured while performing these activities is quite high, and some adventure sports, ⁷_____ skydiving or cliff jumping can even have fatal consequences. ⁸_____ these risks, you need to be extremely fit to practise these sports during a holiday, which means that they are not for everyone. ⁹_____, they are likely to be expensive because they require a lot of equipment, safety measures, and well-trained and qualified instructors.

¹⁰_____, adventure sports holidays have both advantages and disadvantages. Whether they suit you or not depends on your level of fitness, your personality, and how much you can afford.

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e Plan the content.

- 1 Decide what you could say either about how many young people today choose or are forced to go and work abroad, or about how people today are interested in famous people or want to be famous themselves. This will give you material for the introduction.
- 2 List two or three advantages and disadvantages, and number them in order of importance.
- 3 Decide if you think there are more advantages than disadvantages.

f **Write** 120–180 words, organized in four paragraphs: introduction, advantages, disadvantages (or disadvantages then advantages), and conclusion. Use a formal style (no contractions or colloquial expressions). Use the linking expressions in **Useful language**.

g **Check** for mistakes (grammar, punctuation, and spelling).